



Ф А1.1-32-114

CALENDAR-THEMED PLAN OF PRACTICAL CLASSES

in **Nutriciology** for 3rd year students 22 «Public health» 226 «Pharmacy, industrial pharmacy», educational program «Pharmacy»

ФМ20*(4,10д)English 1 groups

(autumn semester, 2022-2023)

№	Date	Topic of the class	Amount of hours, type of class	System of knowledge evaluation, points	
				min	max
SUBSTANTIAL MODULE 1.					
1.	09.09	Nutritionology: subject, purpose and objectives. The role of nutrition in ensuring the life processes of the body.	2 Practical	1	2
2.	16.09	Macronutrients, their content in food products.	2 Practical	1	2
3.	23.09	Micronutrients, their content in food products.	2 Practical	1	2
4.	30.09	Unconventional (alternative) diet.	2 Practical	1	2
5.	07.10	Diet, its completeness, balance, nutritional and energy value.	2 Practical	1	2
6.	14.10	Nutritional status, methods of its determination.	2 Practical	1	2
7.	21.10	Dietary supplements. Classification of biological activity and application.	2 Practical	1	2
8.	28.10	Control of the SM 1	2 Practical	23	36
Total on the SM 1				30	50
SUBSTANTIAL MODULE 2.					
9.	04.11	Nutritional correction for food intolerance and food allergies.	2 Practical	1	2
10.	11.11	Nutritional correction of diabetes.	2 Practical	1	2
11.	18.11	Nutritional correction of non-communicable diseases.	2 Practical	1	2
12.	25.11	Nutritional correction of diseases of the gastrointestinal tract.	2 Practical	1	2
13.	02.12	Nutritional correction of diseases of the cardiovascular system.	2 Practical	1	2
14.	09.12	Nutritional correction of diseases of the urinary system.	2 Practical	1	2
15.	16.12	Nutritional correction of diseases of the musculoskeletal system.	2 Practical	1	2
16.	23.12	Control of the SM 2	2 Practical	23	36
Total on the SM2				30	50
TOTAL FOR MODULE 1				60	100

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and Nutritiology, Professor

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Student workload in hours

Total	Credit	Lectures	Classes	Independent work	National scale
120	4,0	8	32	80	Credit For example (91-credit-A)

Note. Assessment of current rating (CR) of students at each class is carried out according to the scale: 0-59% - 0 points, 60-73% - 1 point, 74-100% - 2 points. Evaluation of the **SM № 1**, **SM № 2** is carried out by the sum of the current rating and control works from the modules.

% <u>SM № 1</u>	Points
90-100	32-36
74-89	27-31
60-73	23-26
0-59	0-22

% <u>SM № 2</u>	Points
90-100	32-36
74-89	27-31
60-73	23-26
0-59	0-22

Rating from module 1 (per semester) = SM №1 + SM № 2