



Ф А1.1-32-114-В

**CALENDAR-THEMED PLAN OF PRACTICAL CLASSES**

in **Nutriciology** for 3<sup>rd</sup> year students 22 «Public health» 226 «Pharmacy, industrial pharmacy», educational program «Pharmacy»

**ФМ20\*(4,10д)English 1 groups**

(autumn semester, 2022-2023)

№	Date	Topic of the class	Amount of hours, type of class	System of knowledge evaluation, points	
				min	max
<b>SUBSTANTIAL MODULE 1. NUTRIENTS IN FOODS. DIET, NUTRITIONAL STATUS, DIETARY SUPPLEMENTS.</b>					
1.	09.09	Nutritionology: subject, purpose and objectives. The role of nutrition in ensuring the life processes of the body.	2 <i>Practical</i>	1	2
2.	16.09	Macronutrients, their content in food products.	2 <i>Practical</i>	1	2
3.	23.09	Micronutrients, their content in food products.	2 <i>Practical</i>	1	2
4.	30.09	Unconventional (alternative) diet.	2 <i>Practical</i>	1	2
5.	07.10	Diet, its completeness, balance, nutritional and energy value.	2 <i>Practical</i>	1	2
6.	14.10	Nutritional status, methods of its determination.	2 <i>Practical</i>	1	2
7.	21.10	Dietary supplements. Classification of biological activity and application.	2 <i>Practical</i>	1	2
8.	28.10	<i>Control of the SM 1</i>	2 <i>Practical</i>	23	36
<b>Total on the SM 1</b>				<b>30</b>	<b>50</b>
<b>SUBSTANTIAL MODULE 2. NUTRITIONAL CORRECTION OF DIFFERENT DISEASES.</b>					
9.	04.11	Nutritional correction for food intolerance and food allergies.	2 <i>Practical</i>	1	2
10.	11.11	Nutritional correction for diabetes mellitus.	2 <i>Practical</i>	1	2
11.	18.11	Nutritional correction of diseases of the gastrointestinal tract.	2 <i>Practical</i>	1	2
12.	25.11	Nutritional correction of diseases of the cardiovascular system.	2 <i>Practical</i>	1	2
13.	02.12	Nutritional correction of diseases of the urinary system.	2 <i>Practical</i>	1	2
14.	09.12	Nutritional correction of diseases of the musculoskeletal system.	2 <i>Practical</i>	1	2
15.	16.12	<i>Control of the SM 2</i>	2 <i>Practical</i>	24	38
<b>Total on the SM2</b>				<b>30</b>	<b>50</b>
16.	23.12	<b>Semester credit from module 1: «Nutrients in foods. diet, nutritional status, dietary supplements. Nutritional correction of different diseases.»</b>	2 <i>Practical</i>		
<b>TOTAL FOR MODULE 1</b>				<b>60</b>	<b>100</b>

Head of the Department of  
Chemistry of Natural Compounds  
and Nutritiology, Professor

Viktoriia KYSLYCHENKO

### Student workload in hours

Total	Credit	Lectures	Classes	Independent work	National scale
120	4,0	8	32	80	Credit For example (91-credit-A)

**Note.** Assessment of **current rating (CR)** of students **at each class** is carried out according to the scale: 0-59% - 0 points, 60-73% - 1 point, 74-100% - 2 points. Evaluation of the **SM № 1**, **SM № 2** is carried out by the sum of the current rating and control works from the modules.

% <b>SM № 1</b>	Points
90-100	32-36
74-89	27-31
60-73	23-26
0-59	0-22

% <b>SM № 2</b>	Points
90-100	32-38
74-89	27-31
60-73	23-26
0-59	0-22

**Rating from module 1 (per semester) = SM №1 + SM № 2**