



CALENDAR-THEMED PLAN OF LECTURES

in **Nutriciology** for 3rd year students 22 «Health» 226 «Pharmacy, industrial pharmacy», educational program «Pharmacy»

ФМ20*(4,10д)English 1 groups

(autumn semester, 2023-2024)

№	Date	Topic of the class	Amount of hours	Lecturer
CONTENT MODULE 1. Nutrition: subject, purpose and objectives. Macro- and micronutrients, their content in food. Nutritional correction of non-communicable diseases.				
1.	08.09.2023	Nutrition: subject, purpose and objectives. Macro- and micronutrients, their content in food.	2	associate prof. Tartynska G.S.
2.	15.09.2023	Diet, its completeness, balance, nutritional and energy value. Nutritional status, methods of its determination. Dietary supplements. Classification of biological activity and application.	2	associate prof. Tartynska G.S.
3.	22.09.2023	Nutritional correction of non-communicable diseases. Nutritional correction of diseases of the gastrointestinal tract. Nutritional correction of diseases of the cardiovascular system.	2	associate prof. Tartynska G.S.
4.	29.09.2023	Nutritional correction of diseases of the urinary system. Nutritional correction of diseases of the musculoskeletal system.	2	associate prof. Tartynska G.S.
TOTAL			8	

Note: Lecture takes place on Friday at 10²⁵-12⁰⁵ at Classroom Online 53

Head of the Department of Pharmacognosy and
Nutriciology,
Professor

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