



CALENDAR-THEMED PLAN OF LECTURES
 in **Nutriciology** for 3rd year students 22 «Health» 226 «Pharmacy,
 industrial pharmacy», educational program «Pharmacy»
ФМ21(4,10Д)англ-01-07
(spring semester, 2023-2024)

№	Date	Topic of the class	Amount of hours	Lecturer
MODULE 1. NUTRITION: SUBJECT, PURPOSE AND OBJECTIVES. MACRO- AND MICRONUTRIENTS, THEIR CONTENT IN FOOD. NUTRITIONAL CORRECTION OF NON-COMMUNICABLE DISEASES.				
1.	13.02.2024	Nutrition: subject, purpose and objectives. Macro- and micronutrients, their content in food.	2	associate prof. Tartynska G.S.
2.	27.02.2024	Diet, its completeness, balance, nutritional and energy value. Nutritional status, methods of its determination. Dietary supplements. Classification of biological activity and application.	2	associate prof. Tartynska G.S.
3.	12.03.2024	Nutritional correction of non-communicable diseases. Nutritional correction of diseases of the gastrointestinal tract. Nutritional correction of diseases of the cardiovascular system.	2	associate prof. Popyk A.I.
4.	26.03.2024	Nutritional correction of diseases of the urinary system. Nutritional correction of diseases of the musculoskeletal system.	2	associate prof. Serebtsova K.S.
TOTAL			8	

Note: Lecture takes place on Tuesday at 10²⁵-12⁰⁵ at Classroom Online 59

Head of the Department of Pharmacognosy and
 Nutriciology,
 Professor

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