



CALENDAR-THEMED PLAN OF PRACTICAL CLASSES
 from the educational component «Nutriciology» for 3rd year students 22 «Healthcare»
 226 «Pharmacy, industrial pharmacy», educational program «Pharmacy»
ФМ21(4,10д)English 1 – 7 groups
(spring semester, 2023-2024)

№	Date	Lesson Name	Volume in hours	Volume	
				in hours	in hours
CONTENT MODULE 1. NUTRIENTS IN FOODS. DIET, NUTRITIONAL STATUS, DIETARY SUPPLEMENTS.					
1.	19.02 – 23.02	Nutritiology: subject, purpose and tasks. basic terms and concepts of nutrition. The role of nutrition in ensuring the vital processes of the organism. Nutrition: modern approaches, principles, recommendations.	4 PR	2	4
2.	04.03 – 08.03	Macro- and micronutrients.	4 PR	2	4
3.	18.03 – 22.03	Nutritional status. Diet Unconventional (alternative) diet. Dietary supplements. Food products for special dietary consumption. Functional foods. Ingridients of DS.	4 PR	2	4
		<i>Final test of CM 1 assimilation</i>		24	38
Total from CM 1:				30	50
CONTENT MODULE 2. NUTRITIONAL CORRECTION OF DIFFERENT DISEASES.					
4	01.04 – 05.04	Nutritional correction for food intolerance and food allergies. Nutritional correction for diabetes mellitus.	4 PR	2	4
5	15.04 – 19.04	Nutritional correction for diabetes mellitus. Nutritional correction of diseases of the gastrointestinal tract.	4 PR	2	4
6	29.04 – 03.05	Nutritional correction of diseases of the cardiovascular system. Nutritional correction of diseases of the urinary system.	4 PR	2	4
7.	13.05 – 17.05	Nutritional correction of diseases of the musculoskeletal system.	4 PR	2	4
		<i>Final test of CM 2 assimilation</i>		22	34
Total from CM 2:				30	50
8.	27.05 – 31.05	Semester credit from module 1: «Nutrients in foods. diet, nutritional status, dietary supplements. Nutritional correction of different diseases.»	4 PR		
THE WHOLE AMOUNT OF HOURS FOR THE MODULE 1			PR-32	60	100

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STUDENT WORKLOAD IN HOURS

Total	Credit	Lectures	Classes	Independent work	National scale
120	4,0	8	32	80	Credit For example (91-credit-A)

Note. Assessment of **current rating (CR)** of students **at each class** is carried out according to the scale: 0-59% - 0 points, 60-73% - 1-2 points, 74-100% - 3-4 points. Evaluation of the **CM № 1, CM № 2** is carried out by the sum of the current rating and control works from the modules.

% <i>Final test of CM 1 assimilation</i>	Points
90-100	34-38
74-89	28-33
60-73	24-27
0-59	0-23

% <i>Final test of CM 2 assimilation</i>	Points
90-100	31-34
74-89	25-30
60-73	22-24
0-59	0-21

Rating from module 1 (per semester) = CM №1 + CM № 2