



CALENDAR-THEMED PLAN OF LECTURES
 in **Nutriciology** for 3rd year students 22 «Health» 226 «Pharmacy,
 industrial pharmacy», educational program «Pharmacy»
Фм22(4,10д)англ-01-02
(spring semester, 2024-2025)

№	Date	Topic of the class	Amount of hours	Lecturer
MODULE 1. NUTRITION: SUBJECT, PURPOSE AND OBJECTIVES. MACRO- AND MICRONUTRIENTS, THEIR CONTENT IN FOOD. NUTRITIONAL CORRECTION OF NON-COMMUNICABLE DISEASES.				
1.	07.02.2025	Nutrition: subject, purpose and objectives. Macro- and micronutrients, their content in food.	1	associate prof. Popyk A.I.
2.	14.02.2025	Diet, its completeness, balance, nutritional and energy value. Nutritional status, methods of its determination.	1	associate prof. Popyk A.I.
3.	21.02.2025	Dietary supplements. Classification of biological activity and application.	1	associate prof. Popyk A.I.
4.	28.02.2025	Nutritional correction of non-communicable diseases.	1	associate prof. Popyk A.I.
5	07.03.2025	Nutritional correction of diseases of the gastrointestinal tract.	1	associate prof. Popyk A.I.
6	14.03.2025	Nutritional correction of diseases of the cardiovascular system.	1	associate prof. Popyk A.I.
7	21.03.2025	Nutritional correction of diseases of the urinary system.	1	associate prof. Popyk A.I.
8	28.03.2025	Nutritional correction of diseases of the musculoskeletal system.	1	associate prof. Popyk A.I.
TOTAL			8	

Note: Lecture takes place on Friday at 11²⁰-12⁰⁵ at Classroom Online 54

Head of the Department of Pharmacognosy and
 Nutriciology,
 Professor

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